



The National Council of Vanik Associations (UK)

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Vanik Voice

July, 2016

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e- News Letter :

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EDITOR'S REPORT

It is a great pride for our community to learn that a prominent scholar of our community Dr. Harshadbhai Sanghrajka has been awarded MBE in Her Majesty's birthday honours list. Shri Harshadbhai has served our community in many capacities over the years and has been prominent in bringing Jainism to the attention of the world.

NCVA congratulates Harshadbhai and wishes him all the joy and happiness in his endeavours and future.

It is worth noting that Shri Harshadbhai is deputy chairman of Institute of Jainology and a high level Jain Delegation has recently visited the Vatican and had an audience with his Holiness Pope Francis. The delegation was led by Shri Nemubhai Chandaria, Chairman of the Institute of Jainology. We appreciate the hard work being carried out by IoJ and wish them all the success and progress in their work.

Summer is also here and soon all our communities will be busy with preparations for religious and other festivities. Many prominent scholars are visiting UK during Paryushan and we look forward to be enlightened with their knowledge and wisdom.

South East London Jain association had organised Health awareness day with support of NCVA. This was well received and a report is appearing in this issue.

Anil Parekh

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Website: www.ncva.co.uk

Newsletter: www.ncva.co.uk/newsletter

Affiliated Associations

Aden Vanik Association of UK, Digamber Jain Visa Mevada Association of UK, Jain Association of UK, Jain Samaj Europe, Jain Samaj Manchester, Jain Sangh Birmingham, Jain Network, Mahavir Foundation, Navnat Vanik Association of UK, Navnat Vanik Bhagini Samaj, Navnat Bridge Club, Navnat Vadil Mandal, Navnat Youth Association, Oshwal Association of UK, Shree Jain Sangh East London & Essex, Shree Jain Sangh E. London and Essex Bhagini, Shree Navyug Jain Pragati Mandal, Shree Sidhpuria Vanik Samaj, Shrimali Soni Mandal London, Sorathia Vanik Association (UK), Vanik Association UK, Vanik Samaj Coventry, Vanik Samaj Leicester, Vanik Samaj of UK Brighton, Vanik Samaj Southampton, Veerayatan UK, Young Jains, South East Jain Association.

Sanyasa (Renunciation)

In most religions Renunciation is emphasized in some form or other. The purpose for renunciation may also be different in different religions. However, one important aspect is very common and that is to subdue the mind and focus for a particular goal to be realized. This goal is generally, to bring an end of suffering and attain happiness eternally. Whether this is to seek heaven, seek God, or seek self-knowledge the underlying objective is similar. Generally, Renunciation can be differentiated in five distinct categories:

- 1) Renounce the worldly life, which is causing distress and suffering and not engaging in worldly activities involving duties, responsibilities and work.
- 2) Renounce the desires in worldly life fully engaged in worldly activities and carrying out all duties and responsibilities in the best possible way with detachment.
- 3) Renounce the fruit of all activities and offer the results as offering to God
- 4) Renounce the doer ship of actions
- 5) Remain witness of all the happenings renouncing nothing and attached to nothing.

Category 1 can hardly be described as true renunciation. It is merely an abandonment of living with all the responsibilities and duties. In a way, most practices start by renouncing of objects of desire and then it will soon be understood that unless and until the mind stops craving for the objects, the suffering is increased and nothing is achieved. It is the result of not knowing the difference between what is beneficial and what is harmful.

Category 2 is part of the Karma Yoga that describes that an action can be carried out without succumbing to the desires which causes attachment to the fruits of actions.

Category 3 is also part of the Karma Yoga that describes that the fruits of action can be accepted as prasada avoiding attachment that causes suffering and acknowledging that even though the actor was a tool of action, the fruit is not his as so many other factors were instrumental in the success or failure of the action, and the result cannot be claimed to be exclusive to his efforts.

Category 4 is the realization that the identification with the body is the cause of ego and in reality the atma is his real identity and he is neither the doer nor the sufferer (or enjoyer). With this identity one realizes that there is no real renunciation or ownership.

Category 5 is the state of enlightenment while alive where no effort is required to be happy which is one's own nature and all actions are carried out as a part of the nature.

As can be observed the different categories are natural progression from ignorance to knowledge from worldly activity to spiritual activity. It is also a progression from identification with body mind and intellect to the identification with true self. Meditation can assist in establishing the self in that situation for longer periods and continuously even during all activities. It is then one realizes, that nothing can become mine, nothing can be owned, nothing can be lost and nothing can be renounced. The true "I" is the awareness of all this happenings.

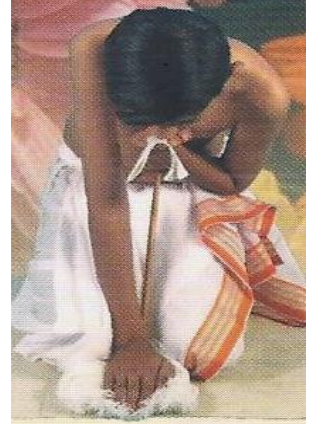
Anil Parekh

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Jain Pratikraman

**Explanation of Vidhi with demonstration and workshop for
Muhapatti Padilehan, Kausagga & various postures.**



Manharbhai Mehta, the chairman of The National Council of Vanik Associations (UK) will be holding presentations in August. Details below

Manharbhai has been reciting Pratikraman vidhi during Paryushan in this country since 1969. He has made several presentations in the past for the members of Jain Samaj Europe in Leicester, Navnat Vanik Association of the UK, Oshwal Association UK's North West branch, Jain Sangh East London etc.

Presentations will be held on two dates with details below. The same presentations will be held on both days.

Venue: Jain Centre, Colindale, Day, 68 Colindale Ave, London NW9 5DR

Date: Sunday 14 August 2016

Time: 1.30pm

Venue: Jain Centre, Colindale, Day, 68 Colindale Ave, London NW9 5DR

Date: Thursday 18 August 2016

Time: 7:45pm

For more information and registration please contact:

Manharbhai Mehta--- manhar.mehta@ncva.co.uk

એક માણસના હાથમાં
ચિતામણિ આવ્યો હોય,
પણ જો તેની તેને
ખબર ન પડે તો નિષ્ફળ છે,
જો ખબર પડે તો સફળ છે.
તેમ જીવને ખરેખરા જ્ઞાનીની
ઓળખ પડે તો સફળ છે.



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Report on speed dating by NCVA For all Gujarati speaking Hindus and Jains On 22nd of May 2016 Navnat Centre Hayes

Every year NCVA organizes speed dating. This year it was held in Navnat Centre on the 22nd May, with a record turnout of 278 participants.

The aim of the event is to provide an opportunity for young Jains and Hindu to meet and find a partner. We did this by ensuring that the majority of participants had a 3 minute date with around 50 people, all round the similar age.

This was enough time for people to learn a little about each other and then to decide if they want to meet again. If they did, they would make a note on a form we have given them, and we pass on the contact details. On average each participant thought that 10 people they met could be the one for them.

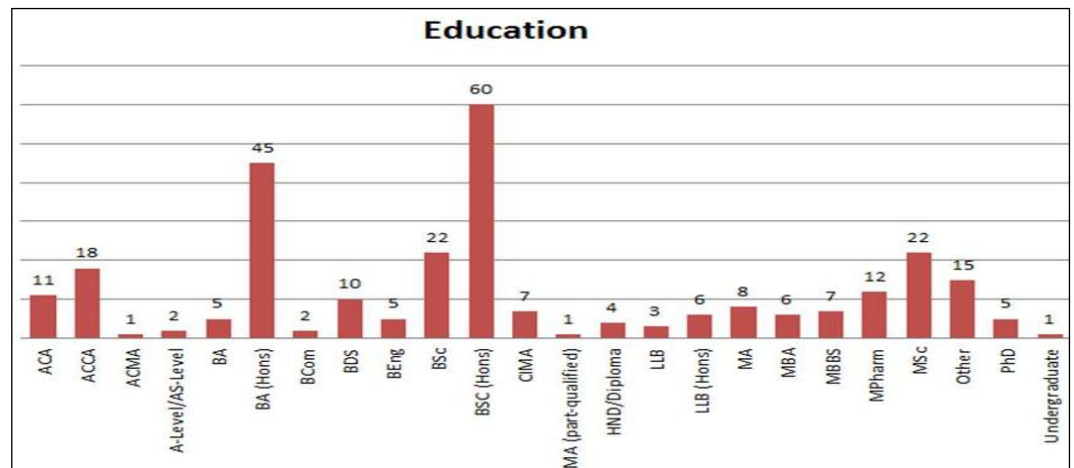
This year's event was the most successful yet. We had to close registration 3 weeks before the event, as we were oversubscribed, and we had to turn away many many people.

We don't want people to miss out next time. The next event is on the 20th Nov 2016 at Sattavis Gam Patidar Samaj, Wembley. If you want to come along email speed.dating@ncva.co.uk and we will add you to the mailing list. As soon as registration opens you will be sent an email.

Here are some stats about the people that came, including people's highest level of qualification



Boys	137
Girls	141
Jain	105
Hindu	173
First time	168
Repeat	110



Ramesh J Shah
Speed dating coordinator
NCVA

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Health Awareness Day

Report from Health Seminar held by South East Jain Association.

By Dhaval Bakhai

When was the last time you thought about your own health and gave it the same level of time as you do to catching up with friends, families or watching TV?

On 16 May almost 75 members of South East Jain Association, did just that and utilised their Sunday afternoon to learn more about several topics including blood pressure, cholesterol, men's and women's health as well as the importance of eating and being healthy. This was the first time a health awareness day has been run by the association and judging by the discussions during and feedback afterwards it was well received. There appears to be a distinct gap in educating our own despite the advances in various technologies to deliver information to the grass roots level and hopefully this journey will now continue on as part of the national council in the respective regions.

The afternoon started with Dr Ketan Desai playing host and co-ordinating all the guest speakers who said their knowledge in an informative and engaging manner. First up we had Dr. Khyati Bakhai-Shah, who is very close to the community, having grown up with most of its members and therefore was able to rekindle their affection. She provided a captivating discussion in Gujarati allowing all members to be informed and truly grasp the concept of blood pressure with her hosepipe and watering plants analogy. The audience appeared to have bought into the spirit of the day straight away with various questions and topics being



discussed throughout making the session appear as if it was very much needed in the community.



Next up for debate was Dr Rekha Shah, who has been practising in Brighton for many years and covering the important topic of women's health. Dr Shah delivered her talk in a very professional and educational manner ensuring the audience remained well informed in best practise as well as what is available to them through the NHS. This topic rarely gets the importance it deserves in an open environment within our community yet the challenge was taken on and delivered well.

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Dr. Miland Jani took the floor next tackling the topic of men's health in a very visual and distinct style. He delivered a very comprehensive overview citing various references including his own personal stories to connect with the audience, whilst relying on his natural jovial personality to win them over, even adding a couple of proverbs in Gujarati that helped to bring a lighter note at times to the detail and theory being shared.

Dr. Jani was followed by Nitin Mehta (president of the Vegetarian Society in the U.K.) who shifted the focus from medical health care onto diet and the art of healthy eating as well as Jain dharma. Nitin also informed the audience of the growth in not just vegetarianism but also about being vegan whilst reminding us that there are over 5 million vegetarian people within the English community as well. Furthermore, the society recently presented Mahavir awards for work undertaken by a couple of people exhibiting key principles of Jain dharma by risking their own safety by highlighting the issues of fox



hunting.

Following on the healthy eating theme was Jean Parris-Attfield from West Sussex council advising on healthy weight management alongside the fine balance of exercise, correct eating and maintaining the right diet. Jean also shared details of classes available via West Sussex Council and also offered members to consider creating a group to keep fit and if required the facilitators would be provided by them. Alongside the fitness and weight management topics, advice was also shared on healthier eating such as using olive oil instead of the traditional sunflower oil or others used in most of



Gujarati cooking. In addition, other examples of what may be perceived as healthy options may not necessarily be the case such as innocent smoothies which are actually high in sugar content and owned by parent company, Coca Cola.

After almost three hours of various topics and informed discussion, the discussions part of the day drew to a close with the final speaker being the chairman of National Council of Vanik Association, Mr Manhar Mehta. The talk comprised of several key messages including Jain chaplaincy as this is distinctly missing throughout the UK. As part of the NHS system, during the unfortunate event of losing a loved



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one we should be able to stipulate the relevant Jain rituals are performed but due to lack of information and recognition of the community this isn't provided nationwide. In order to ensure this is enabled and Jains get a stronger voice across the country it is critical that during any census or other official documentation such as hospital documentation when asked for religion, we enter Jainism as oppose to Hinduism to highlight the level of Jains in the country as well as enabling a fairer reflection of the size of community.

Representatives of the National Council of Vanik Associations attended this event and they presented a cheque to South East Jain Association to support the Health Talk event.

With the final talk completed the health awareness day was drawing to a close but only after the delicious meal organised by the committee. There was a good selection of items available with the vegetable soup being a particular highlight for most members who were quick to enjoy the feast whilst engaging in conversation with the speakers as well as time to digest the information shared along with their food.

In summary, the day was informative, educational and enjoyable with active participation from members helping to show the importance of the event. A special thanks is required for all the guest speakers who travelled from various areas to be able to attend and this was appreciated by all. The committee were also very thoughtful and showed their appreciation by presenting all the speakers with a lovely bouquet each.

Thanks to everyone for participating, reading and attending the event with a special thanks to both the NCVA and SEJA for setting up and coordinating the event.

10 TYPES OF PURIFICATIONS:

1. Body gets purified... by WATER & YOGA
2. Breath gets purified... by PRAANAAYAM.
3. Mind gets purified... by MEDITATION.
4. Intellect gets purified... by spiritual KNOWLEDGE
5. Memory gets purified... by MANAN & CHINTAN.
6. Ego gets purified... by SEVA (SERVICE).
7. Self gets purified... by SILENCE (MAUN).
8. Food gets purified... by POSITIVE THOUGHTS.(While cooking & eating).
9. Wealth gets purified... by GIVING/DONATING.
10. Feelings gets purified... by LOVE N SURRENDER



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Vanik Voice

June, 2016

South East Jain Association સાઉથ ઈસ્ટ જૈન એસોસિયેશન Health Awareness- આરોગ્ય જાગૃતિ દિન

સાઉથ ઈસ્ટ જૈન એસોસિયેશનના ઉપક્રમે સ્વીવાર તા. ૧૫.૫.૧૬ના રોજ ૭૫ જેટલા શ્રોતાજનોની હાજરીમાં “Health Awareness- આરોગ્ય જાગૃતિ દિન” ની ઉજવણી કરવામાં આવેલ. આપણે છેલ્લે ક્યારે આપણી તંદુરસ્તી વિષે વાતચીત કરી હતી? એ વિચારવા જેવો પશ્ચ છે. આપણું રોજંદુ જીવન એટલું ઝડપી છે કે આપણને આપણા આરોગ્ય વિષે વિચાર કરવાનો સમય નથી.

આજના કાર્યક્રમમાં “બ્લડપ્રેસર, ડાયાબીટીસ, કોલોસ્ટ્રોલ, ઓબેસીટી જેવી પ્રાથમિક વ્યાધીઓ જેવા વિષયો તથા મહીલાઓની અને પુરૂષોની તંદુરસ્તી અને આપણા રોજંદા ખોરાક તથા નિયમિત વ્યાયામ કરવા બાબત પ્રવચનો હતા.

આજના કાર્યક્રમનું સંચાલન ડો. કેતનભાઈ દેસાઈએ સંભાળેલ. તેઓની બ્રાઈટનમાં સર્જરી છે. તેઓએ આજના અતિથી ડોક્ટરો, વક્તાઓ અને કાર્યકર્તાઓનો પરિચય આપીને સર્વનું સ્વાગત કરેલ.

પ્રથમ વક્તા ડો.ખ્યાતિ શાહ (બખાઈ) હતા. તેઓ નાની વયના હતા ત્યારથી સમાજ સેવા આપી રહ્યા હોવાથી અહીંના સમાજમાં જાણીતા છે. તેમણે લોહીના દબાણ બાબત માહિતી આપી હતી અને એ બાબતના પ્રેક્ષકોના પ્રશ્નોના જવાબો સાથે માર્ગદર્શન આપેલ.

ત્યાર બાદ બ્રાયટનના જીપી રેખાબેને શાહે “મહીલાઓની તંદુરસ્તી અને તેની જાણવાણી” નું મહત્વ તેમની શિક્ષણિક શૈલીથી સમજાવ્યું. શ્રોતાઓએ તેમને રસ પુર્વક સાંભળ્યા હતા.

ડો. જાનીએ તેમની હળવી મજાકભરી શૈલીમાં “પુરૂષોની તંદુરસ્તી” વિષે કહ્યું. આમાં તેમણે વિષયને અનુરૂપ ચિત્રો અને પોતાના અનુભવો જણાવીને વિષયને વધુ રસમય બનાવેલ.

વેજટેરીયન સોસાયટીના શાકાહારના પ્રખર હિમાયતી નીતીનભાઈ મહેતાએ જણાવ્યું કે આજે માત્ર શાકાહારી જ નહી પણ “વિગન શાકાહારી” બનવાની જરૂર છે. આનાથી આપણે ઘણા રોગોને આવતા અટકાવી શકીએ છીએ. આજે ૫૦ લાખથી વધારે લોકો શાકાહારી ખોરાક લેતા થઈ ગયા છે. તેમની સંસ્થાના સભ્યો બ્રીટનમાં “ફોકસ હન્ટ”ની પ્રથાને રોકવા શકિય છે. અને સંસ્થાના કાર્યોમાં સક્રિય ભાગ લેનાર બ્રિટનના નાગરીકને “મહાવીર એવોર્ડ” અપાય છે.

ડાયેટીસીયન જૈની પીએસ પૌષ્ટિક આહાર, નિયમિત કસરત, અને સાત્વિક ખોરાક લેવાની જરૂરીયાતો સમજાવેલ અને ફીઝી પીણાઓને છોડવા પર ખાસ ભાર મુકેલ. કોલીમાં “કીપ ફીટ” ગ્રુપ બનાવી તેને આવી સુવિધાઓ ઉપલબ્ધ થાય તેવી કોશીષ કરશે એમ જણાવેલ.

અંતમાં “નેશનલ કાઉન્સીલ ઓફ વણિક એસો. “ના પ્રમુખ શ્રી મનહરભાઈ મહેતાએ સંસ્થાની પ્રવૃત્તિઓની માહિતી આપી હતી. ખાસ હોસ્પીટલમાં અપાતી “સ્પીરીટ્યુઅલ કેર” અને “જૈન સ્પીરીટ્યુઅલ કેર” વીષે માહિતી આપી હતી. તેમણે આવી સેવા જૈનોને પણ મળે તે માટે આપણે હોસ્પીટલમાં ફોર્મમાં ધર્મ લખાવતી વખતે આપણો ધર્મ “જૈન” લખાવવો ખાસ જરૂરી છે એમ ભાર પુર્વક જણાવેલ. અને જેઓ આ જૈન ચેપલન્સી સેવાઓ આપવાની ઇચ્છા રાખતા હોય અને તેની લોકલ હોસ્પીટલમાં ટ્રેઈનીંગ લેવા માગતા હોય તેમણે મનહરભાઈનો સંપર્ક સાધવો. આ ઉપરાંત સંસ્થાની વેબ સાઈટ પરની ઓન લાઈન ડીરેક્ટરી સેવા બાબત પણ જાણકારી આપી હતી.

નેશનલ કાઉન્સીલ ઓફ વણિક એસોસિયેશન ના કાર્યકર્તાઓ આ પ્રસંગે હાજર રહ્યા હતા અને તેઓએ સાઉથ ઈસ્ટ જૈન એસોસિયેશનને આરોગ્યદિન નિમિત્તે ચેક અર્પણ કરેલ.

સાઉથ ઈસ્ટ જૈન એસો. તરફથી અલ્યાહાર રાખવામાં આવેલ. અંતમાં ડો. કેતનભાઈ દેસાઈ અને વીરેન્દ્રભાઈ બખાઈએ સંસ્થા વતી આમંત્રિત મહેમાનો અને વક્તાઓને કુલના ગુચ્છ આપીને સર્વનો આભાર માનેલ.

સાઉથ ઈસ્ટ જૈન એસોસિયેશન

Website: www.ncva.co.uk

Newsletter: www.ncva.co.uk/newsletter

Affiliated Associations

Aden Vanik Association of UK, Digamber Jain Visa Nevada Association of UK, Jain Association of UK, Jain Samaj Europe, Jain Samaj Manchester, Jain Sangh Birmingham, Jain Network, Mahavir Foundation, Navnat Vanik Association of UK, Navnat Vanik Bhagini Samaj, Navnat Bridge Club, Navnat Vadil Mandal, Navnat Youth Association, Oshwal Association of UK, Shree Jain Sangh East London & Essex, Shree Jain Sangh E. London and Essex Bhagini, Shree Navyug Jain Pragati Mandal,

Shree Sidhpuria Vanik Samaj, Shrimali Soni Mandal London, Sorathia Vanik Association (UK), Vanik Association UK, Vanik Samaj Coventry, Vanik Samaj Leicester, Vanik Samaj of UK Brighton, Vanik Samaj Southampton, Veerayatan UK, Young Jains, South East Jain Association.

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NCVA Matrimonial Register

For more details please contact our NCVA Matrimonial Coordinator, Mr Jayman Mehta On
020 8907 2428 Monday to Friday between 17:30-19:30 only.

Candidate details held on the NCVA Register

FEMALES

Reference	Age	Qualification	Occupation	Country of residence
F 974	43	BSc Hons Psychology/Biology	Pharmaceutical Project Manager	London, UK
F 930	43	ACCA	Financial Services	UK
F 909	40	BSc Hons	Marketing Professional	UK
F 905	39	MbCHB	Dr/ GP	
F 951	39	BSc (Hons), ACA	Chartered Accountant	
F 925	38	B.A. Economics	Finance	India
F 919	38	BA/MBA	banking Advisor	UK
F 960	38	DIPLOMA IN BUSINESS MANAGEMENT & Association of Accounting Technicians LEVEL 2	Mail Sorter	Uk
F 954	37	BA (Hons)	IT	UK
F 950	37	Bsc Hons mathematics with business	IT consultant	United Kingdom
F 957	37	HND Graphic Design	Credit controller	UK
F 971	37	MSc Science	Regulatory and Compliance	UK
F 911	36		Banking	
F 921	36	B.A. (Hon)	data analyst	Uk
F 977	36	LLB Honours Law	Lawyer – Investments	
F 941	36	diploma in Teaching, diploma in beauty therapy	lecturer at college	Kenya
F 927	35	BA Hons Business Studies	Associate Insight Director	UK
F 920	35	ACA	ACA, Corporate Tax	UK
F 970	35	postgraduate level in Development Management	Work in Education and Training sector	England
F 926	35	BSc Actuarial Science, FIA	Actuary	
F 940	35	B.Sc Mathematics	Teacher	Rajkot,India
F 955	35	BA Law with HR	HR Executive	England

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F 924	35	bsc business computing	accounts assistant	England
F 917	34	MSc Business Information Technology	Investment banking	Uk
F 916	34	ACCA	FX	England
F 892	34	Bsc(Hons)Optometry	Optometrist	Uk
F 915	34	BSc Mathematics with Operational Research and BSc Financial Services/ACIB	Relationship Manager	London
F 982	34	Mechanical engineer with Economics	Hotelier	N/a
F 973	34	Masters of Commerce	Animal welfare charity volunteer	India
F 934	33	ACCA - Accountancy	Finance Accountant	Kenya
F 979	33	Chartered Accountant	Job	UK London
F 953	33	Postgraduate Diploma in Personnel Management;	HR Administrator	United Kingdom
F 886	33	Ba (Hons) Business Economics & Management	Senior Executive, WWF	Malaysia
F 952	33	PhD in Psychiatry	Senior Lecturer in Psychology	UK
F 946	32	BDS (Hons),	Dentist	London
F 980	33	Bsc (Management) / Cima	Accountant	
F 942	32	M.Sc (computer science)	software engineer	London,UK
F 981	32	Information Systems /IT degree	Hotelier.	London
F 958	32	BA Management Of Business Information	Programme Manager	UK
F 907	31	BDS - Dentist	Dentist	UK
F 964	31	Mpharm	Pharmacist	Uk
F 908	31	Post Graduate Diploma in Event Management and Public Relation	Administrator/Self employed	London
F 972	31	Acca qualified accountant	Accountant	Uk
F 833	31	Optician,	Optician	UK
F 976	31	Post graduate in Business Communication	Marketing consultant	Belgium
F 903	31	MSc Accounting, & Financial	Finance Analyst	UK
F 978	31	AAT(accounts) London	Accounts Assistant	United Kingdom
F 914	30	MBBS BSc (Hons)	Doctor	United Kingdom
F 938	30	BSc Biochemistry, Studying ACCA	Finance Administraor	UK
F 947	30	MSc Business Computing	IT/Administrator	United Kingdom
F 935	30	BCOM	Sr.Manager in Shipping	India / UK
F 906	30	BDS	Dentist	UK
F 923	30	MPharm	PhD Student	United Kingdom

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F 901	30	BDS	Dentist	UK
F 975	29	BSc in Paediatric	Paediatric Nurse	Uk
F 959	29	ACCA QUALIFIED ACCOUNTANT	Accountant	UK
F 855	29	Postgraduate certificate	Primary School teacher	
F 900	29	BSc Dietetics	Dietitian	
F 936	29	Bachelor of Science	Business Analyst	USA
F 943	29	BA(Accounting and Finance)	Finance Business Partner	India
F 933	29	MSc Forensic Psychology	Psychological Case Manager	UK
F 987	29	Bsc	IT Analyst	
F 931	29	BA (hons)	Finance	
F 963	29	BSc Business and Psychology	Sales and Marketing Executive	United Kingdom
F 913	28	MPharm(Hons)	Pharmacist	UK
F 968	28	B.D.S	Dentist	
F 956	28	masters	PHARMACIST	UK
F 985	29	MPHARM	Pharmacist	Kenya
F 902	28	MSc International Marketing Management	Marketing Executive	UK
F 928	26	BSC IN FINANCE ACCOUNTING AND MANAGEMENT.	CHARTERED ACCOUNTANT	LONDON
F 889	28	BSc MBBS	Doctor	UK
F 966	28	Bachelor of Dental surgery BDS	Dentist	United Kingdom
F 932	28	MPharm	Pharmacist	United Kingdom
F 912	28	Bsc Optometry	Optometrist	
F 983	28	BA (Hons) Law with Business	AML Compliance Officer	UK
F 949	27	MSc, MA, BSc	Management Consulting	
F 945	26	1) B.Sc in Economics & Accountancy 2) Certification in Marketing	Property Accountant	United Kingdom
F 967	26	Bachelor of Science (BSc) Bachelor of Dental Surgery (BDS)	Dentist	
F 986	26	MBChB	Doctor	UK
F 939	26	BBA from HA GLS College, Ahmedabad	Executive - Quality Auditor	India
F 969	26	Graduated with a degree in Human Psychology from Leicester.	Cabin Crew	United Kingdom
F 944	25	bds	Dentist	Uk
F 984	26	BSc (Econ) Geography	Teaching Administrator	United Kingdom
F 937	25	B.COM (Mumbai Uni)	Student	India
F 965	25	LLB Hons Law	Employed	UK
F 962	25	B.SC (HON) Optomestry	Optometrist	

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MALE

MALE				
M 787	42	BSc. Hon., MBBS, MRCP,	Hospital Consultant	U.K.
M 772	41	BSc Actuarial Science (LSE)	Hedge Fund manager	UK
M 739	40	ACA	Senior Manager	Uk
M 743	39	MBA	Director	England
M 753	37	MA (Cantab), ACA, CFA, MCSI	Investment Professional	UK
M 770	37	ACCA, CPA	Audit Manager	UK
M 798	37	ACCA	Accountant	Kenya
M 754	35	B.S. Finance and Marketing.	Hotelier / Business Consultant	USA
M 773	35	PhD	Trader	United Kingdom
M 755	35	BSc (Hons) First Class, MSc, ACA	Chartered Accountant	London, UK
M 790	36	Bsc hons Business IT	Customer Advisor	United Kingdom
M 696	35	Part qualified ACCA (Charter A/C), BSc. Information Management	Accountant	London, UK
M 591	36	BA(Hons) Accounting & Finance, ACCA,	Management Accountant	UK
M 803	36	BSc (Honours) Business Information Systems	CAD (Design Technician)	United Kingdom
M 627	35	B.Sc.(Comp. Eng), MBA(Finance),	Electrical Engineer	UK
M 796	35	BA (hons) Media Production Management	Personal Assistant	United Kingdom
M 799	35	Masters Aerospace Engineering	Maths Teacher(Secondary School)	UK
M 768	33	Degree (hons)	Civil Service	England
M 746	32	B.Eng(Hons) Engineering	Engineer	England
M 734	34	Diploma in Electrical Engineering	Engineer	India
M 721	32	Part Qual. Accountant	Finance & Banking Controller	UK
M 752	33	BA Hons, Accounting & Finance	Case Manager	India
M 611	33	BSc Bio Chemistry,	It Medical Consultant	
M 781	32	BA ACCOUNTING	Investment Bank	
M 742	31	HND/DIPLOMA	Business Admin	N/A
M 745	32	BA (Hons) Journalism	TV Producer	UK
M 775	32	MB/ChB (Medicine)	Doctor	
M 750	31	BSc (Hons) Economics	Investment Analyst	United Kingdom
M 786	32	Bachelor of IT	PMO Manager	United Kingdom

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M 777	32	BSc Communications and Media	Video Editor	England
		MA Sports Broadcast Journalism		
M 782	31	BSc Hons (LSE)	Director (Consulting)	United Kingdom
M 774	31	Bsc (Hons) Business Information Technology	IT Manager	Uk, London
M 751	32	Masters Mathematics and Computing	Analyst	Kenya
M 765	31	NONE	ADMIN	UK
M 795	32	MSc Management	Area Manager	
M 805	32	MSc Statistics	Business Analyst	United Kingdom
M 778	30	BSc (Hons) Computer Science	CEO / Operations Manager	UK
M 797	31	Bsc Software Systems (degree)	Software Engineer	UK
M 769	30	MSci Mathematics	Family Business	UK
M 794	31	Masters in soft ware engineering	IT securities	Uk
M 730	29	LPC	Solicitor	
M 736	29	MBBS BSc	Doctor	Uk
M 749	29	12 pass	jay comunicasion	India
M 732	28	BSC - Astrophysics, CIMA	Finance Business Partner	
M 729	28	Post grad studies in Business Analysis	Project Manager	United Kingdom
M 740	28	MEng	Engineer	UK
M 766	29	B.Com,	IT System Analyst	Ahmedabad, Gujarat, India
M 762	29	M.R.Pharm., Dip.Clinical Pharmacy	Clinical Pharmacist	UK
M 764	29	M pharm	Pharmacist	Kenya
M 806	30	HND-Diploma	Regional sales manager	UK
M 758	28	Bachelor of Dental Surgery (B.D.S)	Dentist	England
M 771	29	BSc in Computer Science and Business Administration, currently studying for ACCA	Customer Service	Sudan
M 711	28	Management Info. System, Masters in Sports & Business Management, MBA	Uni. Recruiter/Human Resource Consultant	America
M 713	28	BSc, ACA	Chartered Accountant	Uk
M 728	27	Diploma in It, Diploma in management & leadership	student / part time work	India
M 733	28	BSc (Hons) Maths with Economics, Chartered Accountant (ACA)	Investment Banker	
M 737	27	M.Sc. Finance (LSE)	Trader at a top global bank	UK
M 738	28	Degree in Accounting and HRM.	Banking	Ireland
M 779	28	MPharm	Pharmacist	Kenya
M 731	26	Mpharm	pharmacist	
M 784	28	ACCA	Accountant	UK

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M 788	28	BEng	Manager	UK
M 735	26	IMI Level 3	Automobile Engineer	Uk
M 800	28	Bsc in Physics and Maths	Owner of a 1V1 Soccer Academy	UK
M 791	28	B Sc (Maths & Economics)	Trading Assistant in Investment Bank	UK
M 761	27	MBBS Kings College London	Doctor	UK
M 747	26	ACA	Corporation Tax Consultant	United Kingdom
M 801	28	BSC ENTERTAINMENT	Claims Assessor	UK
M 759	26	BSc Computer Science	IT Consultant	United Kingdom
M 785	27	BA(Hons)Economics & Social Studies	Financial Analyst	United Kingdom
M 780	26	BDS	Dentist	UK
M 783	26	BA Hons Architecture	Architect	United Kingdom
		Architecture Part Two - Final Year		
M 792	27	BSc (Hons) Optometry	Optometrist	United Kingdom
M 756	25	-BSc Accounting & Finance	Accountancy Practice firm	United Kingdom
M 793	27	MBBS ; BSc Hons, Imperial College, London	Medical Doctor	UK
M 757	25	BENG (Hons) Software Engineering	Supervisor	United Kingdom
M 802	27	BSc (Hons)	Management Consultant	United Kingdom
M 763	26	BSc (HONS), ACCA	ACCOUNTANT	UK
M 804	27	BA (Hons) Management/Administration	Administration	United Kingdom
M 789	25	BSc Honors in Computer Science (Undergraduate)	Service Desk Agent	India



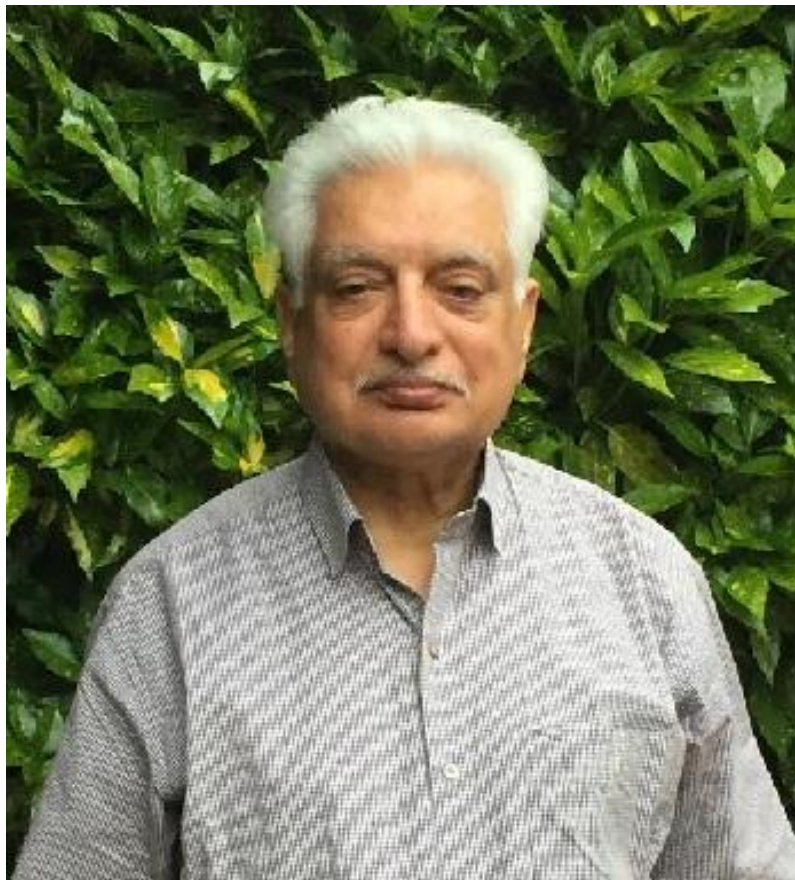
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Dr Harshad N Sanghrajka Awarded MBE in Queen's Birthday Honours List

NCVA are pleased to note that Dr. Harshad N Sanghrajka, was awarded MBE by Her Majesty the Queen for services to the community and inter-faith work.

Harshadbhai Sanghrajka retired from a successful career with IBM 20 years ago and has since



devoted his life as an active and enthusiastic participant in the service of the Jain community. Harshadbhai had no formal qualifications and after his retirement he applied for a Masters Course in Indian Religions at SOAS and went on to study for a Doctorate from Intercultural Open University in the Netherlands.

He has served as joint-secretary, vice-president and trustee of Navnat Vanik Association and is currently Deputy Chairman of the Institute of Jainology.

Harshadbhai has given Jain lectures to many thousands of people in the UK, Africa, Asia and India. He has represented the Jain faith at the Vatican, the Inter Faith Network of the UK and the Religious Education Council where he was Director for 3 years.

NCVA congratulates Dr. Harshadbhai and wish him well in his endeavours in future.



PRESS RELEASE

Pope thanks Jains for commitment to care for the planet

VATICAN, 1st June 2016. The Institute of Jainology (IoJ), the international Jain organisation promoting Jainism in government and inter-religious affairs, led its third delegation to the Vatican to meet with the Pontifical Council for Inter-religious Dialogue (PCID). The last two meetings were in 1995 and 2011.

The 35- strong international Jain delegation was led by Mr Nemu Chandaria, Chairman of the IoJ and had Jain leaders from the UK, India and the Middle East. The delegations discussed the topic of '*Taking care of the Earth, the home of the human family*'. Dr Mehool H Sanghrajka, Director of the IoJ, presented a paper from the Jain perspective in which he said; "The signs of our environmental damage are all around us. Degradation of the environment and climate change are already causing great suffering. Unchecked consumerism and wastefulness, the hallmarks of modern life, continue to cause irreparable damage to the planet. From a Jain perspective, taking care of the earth is not merely concern for the environment. It is far deeper, and rooted at the heart of Jain preaching. Co-existing with all other forms of life in an interdependent world, is about not causing harm to our fellow souls, and sin to one's self."

The Jain delegation and the PCID issued a joint press communique in which they called upon 'the followers of both religious traditions to promote respect for the environment, non- exploitation of natural resources, reduction of wastefulness, care for all forms of life, and concern for future generations'.

Following the meeting, the delegation had a private audience with HH Pope Francis. Expressing his joy at the encounter, Pope Francis welcomed the Jains saying that "this encounter nurtures our responsibility to care for creation", and calling creation a "gift that we have all received" he said "creation is God's mirror, the mirror of the Creator, the mirror of nature, and it is our mirror too."

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“We all love mother Earth, because she is the one who has given us life and safeguards us; I would also call her sister Earth, who accompanies us during the journey of our existence. Our duty is to take care of her just as we would take care of a mother or of a sister, with responsibility, with tenderness and with peace” he said. His Holiness’ comments were reported on the Radio Vatican site.

Mr Nemu Chandaria, Chairman of the IoJ, commented; “We have mutual respect and friendship with the Catholic Church that has been built over two decades. We look forward to deepening cooperation at local levels whilst calling for responsible stewardship of the natural world.

About the Institute of Jainology

For more information see www.jainology.org and www.jainpedia.org

bansri.mehta@jainpedia.org

The Institute of Jainology (IoJ) was founded in 1986 and is an international organisation promoting Jain philosophy and values through the disciplines of art, culture and education. It represents the Jain faith in government and inter-faith matters in the UK and elsewhere.

Over its 25 year history, the IoJ has co-hosted the Peaceful Liberators exhibition at the Victoria and Albert Museum London, published the Catalogue of the Jain Collection at the British Library, and launched the Jainpedia.org encyclopaedia.

Press Contact:

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