

Vanik Voice



LIVE AND HELP TO LIVE

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November 2010

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Jayman Mehta
Jyotsna Mehta
Nitin Parekh

Diwali Rangoli Themes

Those who are experts in art, they can do rangoli designs on the floor free hand. Some draw the pattern in a paper and fill it with colors. There are some who draw the outline with chalk and fill it with papers. There are different rangoli themes such as:

Auspicious symbols like Swastic, Om, Mangal kalash, Chakra, a lighted Deepak
Images of Gods like Ganesha
Flowers
Trees
Creepers
Birds
Elephants
Dancing figures
Geometric patterns such as circles, semi-circles, triangles, squares and rectangles etc.

Ingredients used in Rangolis

Traditionally rice powder and the colors derived from natural dyes from barks of trees, leaves, indigo, etc. were used. Today however, synthetic dyes are used in a range of different colors. Rangoli being mainly a floor art, varied ingredients are used like as follows:
Powdered colors
Finely grounded rice flour
Turmeric
Glitters
Natural flowers etc.

Rangolis can be given a three-dimensional art effect by applying cereals, pulses either in their natural coloring or tinted with natural dyes. They are beautiful, wonderful creations of art indeed.

Presenting a collection of a beautifully designed Rangolis.

Take ideas from these designs and make a beautiful Rangoli this Diwali.



Floral Rangoli for Diwali: Rangoli Designs using Fresh Flowers



Source – Kruti Varia

**Groups affiliated to the
NCVA**

Aden Vanik Association
UK

Digamber Jain Visa

Mevada Association UK

Jain Association of UK

Jain Samaj Europe

Jain Samaj Manchester

Jain Sangh Birmingham

Jain Sangh of Europe

Mahavir Foundation

Navnat Vanik Association
UK

Navnat Youth Association

Oshwal Association of UK

Shree Jain Sangh East
London & Essex

Shree Navyug Jain Pragati
Mandal,

Shree Sidhpuria Vanik
Samaj

Shrimali Soni Mandal
London

Vanik Association UK

Vanik Samaj Leicester

Vanik Samaj Coventry

Vanik Samaj of UK
Brighton

Vanik Samaj
Southampton

Veerayatan UK

Young Jains

**Groups Established by
NCVA**

Vanik Professional Group
Vanik Business Group

Why we shouldn't eat meat - Sarah Stone explains why she hasn't eaten meat for 35 years.

Since marrying into a French family who, like most of their countrymen, think a meal without meat is as pointless as a car without wheels, I have, after years of relatively unchallenged existence, found myself having to explain with exhausting frequency why I am a vegetarian.

But although I have come to dread the inevitable questions at family gatherings, I am also grateful to my gristle-chomping in-laws for not allowing me to rest any longer on my ideological laurels. Apart from the occasional heated debate over the years (I dimly recall a few late night ones in the student union bar), this hasn't happened to any significant extent since the day when, aged five, I asked my mother what the glistening brown slabs gently steaming in front of me were and, upon hearing her response, pushed my plate away in horror.

Back in the present, the trite line I have trotted out so many times about not eating something with "a face, a mother or a central nervous system" can no longer cut the moral mustard. I have been thrust into a position where I must review and articulate my beliefs. So now, when asked by my really rather sweet but genuinely puzzled in-laws why I don't eat meat or dairy products or wear leather or wool, these are the sort of reasons I come up with.

Animal cruelty

Around 850 million animals and hundreds of millions of fish are slaughtered for food in the UK annually. The cruelty involved in the raising and killing of these animals is utterly at odds with a so-called humane society. After a short, miserable life, the conveyor-belt approach to slaughter means that animals struggle for their lives in agony and terror. Stunning is frequently ineffective. Pigs may be plunged into boiling water - used to remove their hair and soften the skin - while fully conscious; up to one fifth of chickens and turkeys are wide awake when they are immersed in scalding tanks.

In a well-known Washington Post article, a worker in a large US meat processing plant described how dozens of cows a day reached his work station alive and conscious. Some survived as far as the belly ripper and the hide puller. "They die," he said, "piece by piece."

And what is all this unimaginable suffering for? For chicken nuggets, hamburgers, pizzas and pies, all of which have humane, healthy, tasty and widely available meat-free alternatives.

Source – Prashant Shah

Note – this article has been segmented. Different parts will be and will have been published in recent months.

The NCVA Matrimonial Register

The NCVA have a professional, anonymous structure in place to help you meet your possible soul mate.

Jayman Mehta is the person to contact if you wish to register for this service.

Once you register, you will receive a list of other people who are looking for a partner. The list is organised so that the reader can learn the height, qualifications, age and reference number of each member. Viewers can see whether the members on the list are male or female by looking at the letter at the beginning of the reference number. However, they cannot see the name of any other details that will identify those on the list.

For further information please contact: - Jayman Mehta

Contact time: Mon. to Fri. evening between 5.30 p.m. & 7.30 p.m. ONLY, on Tel. no. 020 8907 2428

Please DO NOT contact outside above days and time

You can also receive this list by e-mailing mehtajayman@yahoo.co.uk or manhar_mehta@hotmail.com

The Rupee

The Indian Rupee is about to join the elite list of currencies which have their own unique symbol. Up till now, only the US Dollar, British Pound, Japanese Yen and Euro were the currencies with their own distinct symbol. Very soon the Indian Rupee shall join this exclusive club.

http://www.dnaindia.com/india/report_indian-rupee-to-have-a-distinct-symbol_1410037



Indian rupee to have a distinct symbol

PTI

Thursday, July 15, 2010 14:09

The Indian rupee will have its own symbol, a mix of the Devanagari 'Ra' and Roman 'R', to become the fifth currency in the world to have a distinct identity.

The new symbol, designed by IIT post-graduate D Uday Kumar was approved by the Union Cabinet today.

The rupee will join the elite club of US dollar, British pound-sterling, Euro and Japanese yen to have its own symbol.

The symbol will be printed or embossed on currency notes or coins, information and broadcasting minister Ambika Soni told reporters after the Cabinet meeting.

Kumar's entry was chosen from among 3,000 designs competing for the currency symbol. He will get an award of Rs 2.5 lakhs. She said the government will try that the symbol is adopted within six months in the country and globally within 18 to 24 months.

The symbol will feature on computer key boards and softwares so that it can be printed and displayed electronically and print, she said.

Soni said it would also help in distinguishing the Indian currency from rupee or rupiah of countries like Pakistan, Nepal, Sri Lanka and Indonesia.

Source – the internet

Donations given to the NCVA

Received with thanks a sum of £30.00 from Nirmalaben and Chandulal Lalji Mehta

On the occasions of engagement of their grand daughters on 21 August 2010: -

- * Komal (daughter of Prafulaben and Anup Chandulal Mehta)
to Trishul (son of Ashaben and Vijay Dahyabhai Vadi on 25 July 2010 &
- * Sonal (daughter of Nitaben and Dipak Chandulal Mehta)
to Kushal (son of Jagrutiben and Jagdish Vanichand Mehta)

Best wishes to both couples.

Received with thanks a sum of £21.00 from Late Mrs. Shardaben Vanichand Mehta

On the occasion of the engagement of their grand son on 21 August 2010

- * Dr. Kushal (son of Jagrutiben and Jagdish Vanichand Mehta)
to Dr. Sonal (daughter of Nitaben and Dipak Chandulal Mehta)

Best wishes to the engaged couple.

Received with thanks a sum of £25.00

From Anjanaben and Subhash R. Shah (Ilford) on the occasion of the wedding of their daughter on 8 August 2010.

- *Kavita to Anand, son of Binduben and Anilbhai Parekh (Brighton)

Best wishes to the married couple.

Received with thanks a sum of £25.00 from Vinodini and Manhar L. Mehta on the occasion of the birth of grand-daughter on 6 August 2010.

- * Siyona (daughter of Falguni and Vipul)

Best wishes to Siyona and her parents

Fireworks. "Wow" or "Oh no"?

I remember speaking to the head at the school I work in. She once told me that she thought all fireworks should be banned unless it was an event organised by some sort of professional. This would reduce the amount of fireworks going off left right and centre for Eid, Diwali, Bonfire Night, New Year and more. Why is this good?

It would mean that: -

Pets would be frightened less often

There would be less pollution

Other animals would not be scared, harmed or killed

It would be greener. The affect of fireworks is created by mixing chemicals, metals and plastics.

The show isn't over once it's over either! The 'stuff' lingers and causes smog and acid rain which would damage the animals, birds, our property e.g. our homes, plants, the water we use, food that is grown and so on!

A firework lasts a few minutes but causes destruction for many days, weeks and months to come!

Do you know what's in a firework?

75% potassium nitrate.

15% carbon.

10% sulphur.

Plastic casing.

A great concoction to leave behind right?

A side point – we follow America's example in so many ways. Why not in this case? In many American States the use and sale of firworks is restricted due to the Clean Air Act.

Heena Modi

Inside the Indian Dairy Industry: A Report on the Abuse of Cows and Buffaloes Exploited for Milk

The Beef About Milk

Naturally, a cow can live up to 18 years, but cows used for milking day and night generally only live up to six or seven years and are later sent to slaughterhouses for their meat and skin. Cows are transported to states where they can legally be killed. The animals are shoed and roped together in preparation for a harrowing "death march", which sometimes lasts several days. Forced to walk through the heat and dust without any food or water – coupled with the sheer stress of this terrifying experience – many of the animals collapse and are unable to continue. Handlers keep the cattle moving by pulling them by nose ropes and twisting their necks, horns or tails. They forcefully lead the cattle down embankments and onto and off trucks without ramps, causing injuries like broken pelvises, legs, ribs and horns. Chilli peppers and tobacco are also used to keep the animals walking. Handlers rub the peppers directly into animals' eyes in order to stimulate the animals back onto their feet. Up to half the animals will already be dead by the time they arrive at the slaughterhouse. To make the experience even more traumatic and terrifying, they are often killed in full view of each other. Instead of receiving the required "quick cut" across the throat with a sharp knife, they are generally killed through hacking and sawing with a dull blade.

According to a CNBC exposé, milch animals are even milked on the slaughter floor just prior to being slaughtered.

Source – PETA

Events

Jain Rangoli

What: Special Event

When: Sat 13 November 2010—Sun 14 November 2010

Where: South Asia, Room 41

Special Event : See an exciting demonstration of the South Asian floor art technique of Rangoli as artists Pratima and Sobhna Haria

replicate an image from a Jain manuscript page showing the final liberation of Mahavira

Jainpedia Treasure Hunt

What: Special Event

When: Sun 14 November 2010—Sun 14 November 2010

Where: Digital Studio, Sackler Centre

Special Event : Go on a photographic treasure hunt around the Museum and take pictures of objects that relate to Jain culture before creating a digital collage with your photos.

Wishing you a Happy Diwali and a fabulous New
Year 😊